



# SDI INACTIVE DIVER/ REFRESHER PROGRAM

The SDI Inactive Diver/Refresher Program is designed to update and review the knowledge and skill level of an inactive diver. SDI encourages the use of this program for instructors, assistant instructors, and resorts or dive facilities that have questions regarding the diving history of an individual. This program can also be used as a catalyst for continuing education programs.

#### Who this course is for:

• The certified diver who has been inactive for a period of time and wishes to review the scuba skills and academic information before starting to dive again

#### **Course prerequisites:**

To participate in the SDI Inactive Diver/Refresher Course, the individual must:

Have proof of an SDI Open Water Scuba Diver or equivalent from a recognised dive training organisation

# OR

• SDI Junior Open Water Scuba Diver certification or equivalent from a recognised dive training organisation.

# What you can expect to learn:

Although one in-water training dive is required, the instructor or assistant instructor may use their discretion with reference to the skills needed to complete the dive.

#### SDI offers the following outline:

- Plan Dive
  - Equalisation techniques
  - Communication signals
  - Lung over-expansion problems
  - Review of dive computer
- Scuba system assembly
- Weight adjustment
- Mask defog
- Don scuba system SDI Instructor Manual
- Adequate entry for site conditions
- Controlled descent
- Computer check, if used
- Regulator clearing
- Regulator recovery
- Mask clearing
- Fin use
- Buoyancy control; hovering
- Underwater tour
- Computer check
- Controlled ascent; computer assisted
- Exit
- Disassemble scuba system
- Log dive
- Air sharing ascents
- Underwater emergency scenarios

# What's in it for you?

Upon successful completion of this course, graduates may engage in diving activities without direct supervision of the SDI Instructor\* so long as the following limits are adhered to:

- The diving activities approximate those of training
- The areas of activities approximate those of training
- Environmental conditions approximate those of training

\*Note: Junior divers (ages 10-14) must participate in diving activities with a parent, guardian, or dive professional.

# Pricing:

\$250 for 2-4 students (private courses so you organise your buddies!) \$400 solo

## Includes:

- Standard equipment rental (including mask, snorkel, fins and boots)
- Online eLearning
- 1x shore/pier dive

## Not Included:

- DSMB & Spool (surface marker)
- Torch
- Knife/Cutting Tool
- Computer (available to rent)
- Compass (available to rent)

#### We have products available in our shop that fit our ECO DIVER ethos. Purchase knowing you're making an effort to reduce your diving footprint.