



SDI SCUBA DISCOVERY PROGRAM

For those who want to test the waters and try scuba, this is the course for you! The SDI Scuba Discovery Program gives you a glimpse of what you can expect to experience in the underwater world as well as what you could expect to learn in the SDI Open Water Scuba Diver course. During this experience program, you will go through the basic safety procedures for enjoyable scuba diving under the watchful eye of an active SDI Instructor. You will learn skills such as equalising your ears, buddy checks, basic buoyancy control, underwater communication, and more. You will also be given an introduction to basic scuba equipment followed by an underwater tour in the local pool or aquatic environment.

Who this course is for:

- Those who would like to experience the underwater world
- Those who would like an introductory course to scuba diving prior to enrolling in the Open Water Scuba Diver course

Course prerequisites:

- · Minimum age 18, 10 with parental consent
- Demonstrate adequate swimming skills and in-water comfort

What you can expect to learn:

During this program, the following topics will be covered... and more!

- · Basic overview of physics/physiology and how it relates to diving
 - Buoyancy

- Pressure
- Equalisation techniques
- The aquatic environment
 - Marine environment
 - Marine life expected to encounter at the dive site
- Scuba equipment assembly
- Underwater communications
- Taking the SDI Open Water Scuba Diver course

Some of the in-water skills you will perform include:

- Pre-dive check
- Weight removal at the surface
- Ear clearing and equalisation
- Buoyancy compensator device (BCD) use
 - Manual inflation
 - Oral inflation
- Buoyancy control
 - Controlled ascents and descents
- Regulator use
 - Breathing, clearing, and recovery
- Mask clearing
- Underwater swimming: proper use of fins
- Computer use
- Use of gauges
- Underwater communications

If you enjoy this experience then the SDI Open Water Scuba Diver course is your next step!

What's in it for you?

- Introduction to dive planning, equipment setup and donning, skills and knowledge to complete dives
- Unique underwater experience under the watch of an active SDI Instructor

Pricing:

\$150 for 2-4 students (private courses so you organise your buddies!) \$250 solo

Includes:

- Standard equipment rental (including mask, snorkel, fins and boots)
- Online eLearning

• 1x shore dive (an extra can be added - just ask!)

Not Included:

• Pool fees (if requested to go to a pool instead of the shore)

We have products available in our shop that fit our ECO DIVER ethos. If you wish to purchase equipment upfront and train in during your course, purchase with us knowing you're making an effort to reduce your diving footprint and make steps towards becoming an ECO DIVER.