



# SDI RESCUE DIVER COURSE

The SDI Rescue Diver Course is designed to develop the knowledge and necessary skills to effectively perform diver rescues and assist and administer the necessary first aid in the event of an emergency. You will learn skills such as how to perform self rescues, buddy rescues, recognise and calm potential panic divers, administer proper first aid to divers that have experienced dive related injuries, conduct effective search patterns and manage accident scenes. After the SDI Rescue Diver Course you can enrol in the SDI Master Scuba Diver Development Program or start in the professional ranks and sign up for the SDI Dive-master Course.

## Who this course is for:

- Any certified open water scuba diver who wishes to expand their diver knowledge and skill set
- Any certified advanced adventure diver or advanced diver who would like to advance in dive training
- Anyone interested in becoming a dive leader

## Course prerequisites:

- Minimum age 18, 15 with parental consent
- Provide proof of current CPR, first aid and oxygen (O<sub>2</sub>) provider (where local law permits) certification\*
- Provide proof of SDI Advanced Adventure Diver certification, or equivalent, or open water diver certification and 40 logged open water dives

\* Note: CPR, first aid and oxygen provider courses may be combined with the rescue program by qualified instructors.

## What you can expect to learn:

The rescue certification course is designed to develop the knowledge and necessary skills for an individual to effectively perform diver rescues and assists, and administer necessary first aid.

You will cover all of the following and more!

- Prevention and causes of diving accidents
  - Stress and psychological factors
  - Physical conditioning
  - Equipment
  - Surface drowning syndrome
- Diving lifesaving
  - Self rescue
  - Diver assists
  - Surface and underwater rescues
  - Types of transports
  - In-water artificial respiration
  - Boat and shore exit techniques
  - Diver first aid
  - Review of oxygen administration
- Hyperbaric injuries and management
  - Information collection
  - Access to a hyperbaric chamber
- Accident Management
  - Access to emergency transport/assistance
  - Accident reporting
  - Liability and related legal considerations

Some of the in-water skills include:

- On the surface, identify and assist a properly equipped skin or scuba diver simulating:
  - Breathing difficulties
  - Tiredness
  - Leg cramp
  - Early panic symptoms
- Locate and bring to the surface a scuba diver simulating unconsciousness to the surface from approximately 6 metres/20 feet
- Upon surfacing, transport the unconscious diver 50 metres/150 feet to shore or boat, simulating in-water rescue breathing
- Upon reaching the shore or boat, with the assistance of one aide, remove the diver from the water

## **What's in it for you?**

- Ability to conduct rescues for divers in distress
- Become qualified to enrol in:

- The SDI Master Diver program
- The SDI Divemaster course

## **Pricing:**

\$450 for 2-4 students (private courses so you organise your buddies!)

\$700 solo (we'll provide a volunteer victim!)

## **Includes:**

- Standard equipment rental (including mask, snorkel, fins and boots)
- Online eLearning

## **Not Included:**

- DSMB & Spool (surface marker)
- Torch
- Knife/Cutting Tool
- Computer (available to rent)
- Compass (available to rent)

***We have products available in our shop that fit our ECO DIVER ethos. If you wish to purchase equipment upfront and train in during your course, purchase with us knowing you're making an effort to reduce your diving footprint and make steps towards becoming an ECO DIVER.***